



POMONA VALLEY  
HEALTH CENTERS

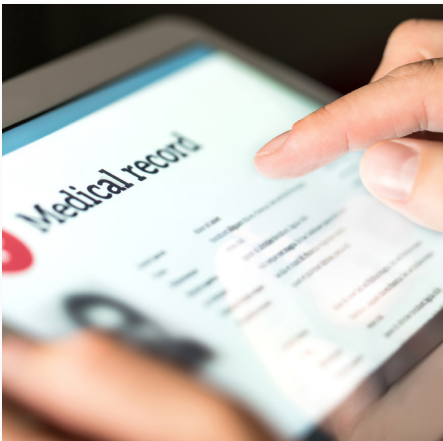
Comprehensive. Convenient. Compassionate.

# PVHC News



## Our new EHR improves your care!

*Get secure access to your health information ANY TIME.*



*Our new EHR system and patient portal help you take a more active role in managing your healthcare.*

PVHC recently upgraded its electronic health records (EHR) system to be more efficient, effective and convenient for you and your whole family. This new system is secure, HIPAA-compliant and seamlessly integrated with the EHR system at Pomona Valley Hospital Medical Center. This means that, as a PVHC patient, the medical records for you or your loved one will be available to the hospital, making your care as efficient and seamless as possible.

### Take charge of your health with 24/7 access to multiple types of information.

In addition, our new EHR system includes an upgraded MYHEALTH patient portal that gives you secure anytime/anywhere access to your records and patient account. This self-service management tool is **free** and available to all PVHC patients. All you need is a computer or smartphone with Internet access.

Together, our new EHR system and its MYHEALTH patient portal enable you to take a more active role in managing your healthcare needs. They also enable your PVHC doctor and other caregivers to take better care of you.

### With MYHEALTH, you can:

- Privately view most lab and imaging results
- Access health records such as immunizations, medications, allergies and medical procedures
- See a summary of your doctor visit after it is complete
- Download health records to share with your other doctors and providers
- Conveniently pay your bills

Since you're a PVHC patient, your records are already part of our upgraded EHR system. To sign up and use the MYHEALTH patient portal, visit our website at [MyPVHC.com](http://MyPVHC.com) and click the MYHEALTH Patient Portal link at the top right of your browser window. If you have trouble, just give us a call at **844-299-5181**.



# New at PVHC Chino Hills!

*Help your child achieve success at home,  
at school and beyond.*

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At Pomona Valley Health Centers, our Milestones Centers for Child Development are pediatric rehabilitation clinics dedicated to the developmental and special needs of children from birth through adolescence. And now Milestones and its rehabilitation services are available at our Chino Hills location in addition to our Claremont location.

## Specialized pediatric therapy for many developmental diagnoses.

The mission—and commitment— of Milestones is to help children achieve developmental milestones. These milestones enable them to enjoy more independence as they grow. Fully staffed with experienced pediatric occupational, physical, and speech-language therapists, Milestones is equipped to treat a wide range of conditions and diagnoses, including:

- Abnormal gait patterns
- Attention disorders
- Autism
- Balance deficits
- Cerebral palsy
- Cleft lip/cleft palate
- Coordination
- Developmental disorders
- Down syndrome
- Feeding disorders
- Fine motor delays
- Gross motor delays
- Hypertonia
- Hypotonia
- In-toeing
- Joint attention impairment
- Oral motor difficulties
- Posture
- Scoliosis
- Self-care (dressing, grooming, hygiene)
- Sensory processing
- Speech, language, hearing disorders
- Spina bifida
- Strength & flexibility
- Toe walking
- Torticollis



For appointments and additional information, please call:  
Milestones Chino Hills 909-630-7877  
Milestones Claremont 909-621-7956



# Having a baby?

*We're here for you with complete, top-quality obstetric care!*

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At Pomona Valley Health Centers, we want you to have your baby with us! We offer complete obstetric care, from pregnancy testing and childbirth to postpartum and infant care. As part of Pomona Valley Hospital Medical Center, we have the region's largest and most trusted birthing center.

At any stage of your pregnancy, give us a call at (909) 764-3627 and we'll match you with the board-certified doctor who's right for you! Then we'll provide you with the caring attention and top-quality care you and your baby deserve, including:

- **24/7 access to obstetric, high-risk-pregnancy & neonatal care**
- **Beautiful, private birthing suites — with room for family!**
- **Perinatal Center for high-risk pregnancies**
- **Vaginal birth after C-section**
- **Baby-Friendly designation**
- **Sweet Success program for women with diabetes**
- **Level IIIB advanced neonatal intensive care unit (NICU)**
- **24/7 maternal-fetal transport team**
- **Childbirth education & classes**





## Pomona Valley Health Centers

### CHINO HILLS

2140 Grand Avenue  
Chino Hills, CA 91709

Family Medicine • Digital Radiology  
Physical Therapy • Women's Health  
Sports Medicine • Geriatric Medicine  
Milestones Center for Childhood Development

### CLAREMONT

1601 Monte Vista Avenue  
Claremont, CA 91711

Urgent Care (No Appointments–Walk-In Only)  
Family Medicine • Occupational Medicine  
Digital Radiology • Physical Therapy  
Sleep Disorders Center • Women's Health  
Geriatric Medicine • Sports Medicine  
Milestones Center for Child Development

### CHINO HILLS CROSSROADS

3110 Chino Avenue  
Chino Hills, CA 91709

Urgent Care (No Appointments–Walk-In Only)  
Family Medicine • Occupational Medicine  
Digital Radiology • Women's Health  
Geriatric Medicine • Sports Medicine

### POMONA

1770 North Orange Grove Avenue  
Pomona, CA 91767

Family Medicine • Women's Health  
Sports Medicine • Geriatric Medicine

### LA VERNE

2333 Foothill Blvd.  
La Verne, CA 91750

Urgent Care (No Appointments–Walk-In Only)  
Family Medicine • Occupational Medicine  
Radiology • Physical Therapy



Scan the QR code to visit our website.

# Meet our newest Premier physicians!

*Join us in welcoming two more  
committed doctors to our team.*

At PVHC, we're committed to providing convenient, compassionate and high-quality care for the whole family. And our success in this undertaking depends on our team of caring, dedicated physicians—real people devoted to your best health. Please join us in welcoming Drs. Wolday and Ramos to the PVHC family!



### Feven Wolday, MD

*"My goal is to provide comprehensive, continuous care and prevention, but I also really love being able to develop relationships of trust and caring with people. The thought of helping people by preventing, treating and managing disease encourages me on my ongoing quest to provide great care."*

**Board-Certified:** American Board of Family Medicine

**Specializing in:** Family Medicine, Women's Health

**MD:** David Geffen School of Medicine, University of California Los Angeles, Los Angeles, CA

**Locations:** Chino Hills

**Areas of Interest:** Family Medicine, Prenatal and Newborn Care, Women's Health, General Pediatrics, Preventive Medicine, Hospital Medicine, Elder Care, Palliative and Hospice Care



### José Ramos, MD

*"I practice a compassionate, patient-centered care model that focuses on respect, dignity and collaborative decision-making. I have found that this approach empowers my patients to be more active participants in their health while helping me focus on individual goals. I hope that all my patients feel unrushed, well heard and well supported."*

**Board-Certified:** American Board of Family Medicine

**Specializing in:** Family Medicine

**MD:** Keck School of Medicine, University of

Southern California, Los Angeles, CA

**Locations:** Pomona

**Areas of Interest:** Preventive Care, Hospital Medicine, Low-Risk Deliveries, Immigrant Health Issues, Homeless Health Issues, Vulnerable Populations, Sports Medicine, Women's Health, Adolescent Health

